



Dress 4 Success

Youth Quake Dress Code

Ladies

- Shorts are appropriate for most activities, but should be no shorter than finger tips at arms length in a relaxed position.
- Shorts are not acceptable for Teen Talent participants.
- No cut-offs, spandex, or shorts with holes will be permitted.
- No mini-skirts.
- Skirts must be not shorter than 2 inches above the knee. Splits in the skirts are also to follow the 2 inch rule.
- Evening services will be indoors and smart casual attire is recommended.
- Shirts will be worn at all times with clothing and showing the stomach is not permitted (must be able to lift arms and still have no visible skin showing!)
- Halter shirts, tank tops, baby doll dresses/shirts, low-cut, spaghetti, strapless shirts, or super tight fitting apparel are not permitted. **No low cut, revealing shirts.**
- Ladies bathing suits for swimming/water activities must be one piece with a large dark colored T-shirt overtop.

Gentlemen

- Shorts are not acceptable for Teen Talent participants.
- No cut-offs or shorts with holes will be permitted.
- No super baggy, droopy pants that will expose underwear will be allowed.
- Shirts will be worn at all times with clothing and must not have any profane language or pictures. Men's bathing suits for swimming/water activities must be shorts with dark colored T-shirt overtop. (No exceptions)
- Evening services will be indoors and smart casual attire is recommended.

1 Timothy 2:9-10 (The Message Bible: (9) And I want women to get in there with the men in humility before God, not primping before a mirror or chasing the latest fashions, (10) but doing something beautiful for God and becoming beautiful doing it.)

If you have any further questions please feel free to contact us @ 757-217-2156 or email us at planetrockym@gmail.com

